



VIRTUAL SCHEDULE

* Indicates class requires pre-registration.

Outdoor classes highlighted in turquoise are located at Jeff Healey Park.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
				6:15am HIIT The Legs & Booty Kathleen	8:30am Upper Body SWEAT Christine	9:30am So Barre Core Andriana
	11:00am HIIT & Flow Mercedes		11:00am Upper Body SWEAT Anie			
6:45pm Upper Body SWEAT Franca/Christine	7:15pm Full Body SWEAT Mercedes	5:30pm Bootcamp from the Park Christine	6:45pm Full Body SWEAT Kathleen			